

Costa Rica

essential
**COSTA
RICA**



NIVEL 5

Silvia R. Muñoz

COSTA RICA
TOP
TOURS

COSTA RICA

Costa Rica covers an area of 20,000.00 square miles. It is located on the southern tip of Central America, between the Pacific Ocean and the Caribbean which allows it to be a privileged spot. The average temperature fluctuates between 20 °C (68 °F) - 26 °C (79 °F) degrees all year around. The "green season" runs from May until November; Dry season, the equivalent of summer, starts in November ending in April.

The population is 5,500,000 of mostly white race, descendants from the Spaniards who arrived during the XVI century. There are 2 minority groups: one whose origin is Jamaica 50.000 people, and few tribes of native Indians about 10,000.

The religion is Catholic.

Currency is the "colon".

There are no requirements to enter the country; the passport is the only document you will need, and it must be valid at least 6 months from the date of entry in Costa Rica.


No inoculations are required.

Voltage: The electric current in Costa Rica is 110 volts and 60 cycles.

To make a phone call to Costa Rica you dial 00-506 followed by the number you are calling.

Due to its position, it has flora and fauna found in both Northern and Southern hemispheres. There are 760 species of birds (more than the US and Canada combined), 900 species of plants, 1200 species of orchids, and ten percent of the world's butterflies. This tiny nation has the international standing in the conservation community for its commitment to preservation of forest and wildlife

General Facts

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- **Government:** Presidential Democracy.
 - **Division:** 7 provinces.
 - **Capital:** San José.
 - **Population:** 5.500.00.
 - **Official language:** Spanish.
 - **Official religion:** Catholic.
 - **Currency:** Colón (₡).
 - **Electricity:** 110 Voltios.
 - **Dry season :** Second half November – April (dry).
 - **Green season:** May – First half November (rainy).

General Facts



More than 600 Species of plantas

230 Species of animals

760 Species of birds

More than 1300 Species de trees

More tan 800 Species of ferns

More than 1000 Species of orchids

6% of the world's Biodiversity

25.58% of the Territory is protected

Location



Central America

Limits:

North: Nicaragua.

South: Panamá.

West: Pacific Ocean.

East: Caribbean Sea, Atlantic Ocean.

Entry requirements:

- Passport valid for at least 6 months from your date of entry
- Please check if clients require the Yellow Fever Vaccine to enter the country: [Countries that require Yellow Fever Vaccine](#)
- Please check if you require a visa to enter Costa Rica using the following link <https://migracion.go.cr/Paginas/Visas.aspx>



International Airports:





LOS ANGELES

DENVER

DALLAS

HOUSTON

SAN SALVADOR

Costa
Rica

PANAMA CITY

MIAMI

ATLANTA

CHICAGO

MINNEAPOLIS

MONTREAL

TORONTO

BOSTON

NEWARK

NEW YORK CITY

WASHINGTON, D.C.

San José – Villa Blanca

DAY ONE

Breakfast at Hacienda Kitchen – Costa Rica Marriott.

Departure to Villa Blanca Hotel. 1 hour and 30 minutes . 40 miles

Transfer from Costa Rica Marriott Hotel to Villa Blanca.

Optional:

Enjoy two of Costa Rica's most in-demand destinations in a one-day tour: Poás Volcano & La Paz Waterfall gardens.

Poas Volcano allows you to look into the heart of a live volcano. Although there is no lava flow, the steam arising from the crater and occasional geyser eruptions make this a spectacular sight. You will get a birds-eye view 320 meters down into the powerful crater from the edge of the hiking trail.

At the waterfall gardens, enjoy lush tropical rainforests, flowing white rivers, beautiful waterfalls, and a variety of birds, wild cats, reptiles, butterflies and flowers. Over 3.5 kilometers of hiking trails allow you to take it all in at your own pace. You can enjoy a delicious lunch at Coribri Restaurant. After lunch continue our journey to Villa Blanca Hotel. 2 hours – 53 miles

Accommodation Villa Blanca Hotel and Nature Reserve.

Villa Blanca Hotel



Villa Blanca Hotel



VILLA BLANCA CLOUD FOREST HOTEL AND NATURE RESERVE

Perched above a pristine cloud forest reserve in central Costa Rica, Villa Blanca is a cloud forest hotel that transcends the ordinary.

It is a place where you can walk in the clouds and feel the gentle swirl of mist and mystery surround you. Where skies paint an ever-changing canvas (and destination weddings in Costa Rica take on new meaning). But more than just a place, Villa Blanca is an experience; one that will renew you, maybe even change you.









Villa Blanca Hotel and Nature Reserve

DAY TWO

Breakfast at El Sendero Restaurant.

Full day to enjoy the facilities of the Hotel or to do some optional experiences.

- Spa Treatments
- Yoga Classes
- River Rafting
- Hanging Bridges
- National Parks and Private Reserves

Accommodation Villa Blanca Hotel and Nature Reserve.



Villa Blanca – Los Sueños

DAY THREE

Breakfast at El Sendero – Restaurant.

Departure to Villa Blanca Hotel. 1 hour and 30 minutes . 40 miles

Transfer from Costa Rica Marriott Hotel to Villa Blanca.

Optional:

Enjoy two of Costa Rica's most in-demand destinations in a one-day tour: Poás Volcano & La Paz Waterfall gardens.

Poas Volcano allows you to look into the heart of a live volcano. Although there is no lava flow, the steam arising from the crater and occasional geyser eruptions make this a spectacular sight. You will get a birds-eye view 320 meters down into the powerful crater from the edge of the hiking trail.

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Accommodation Villa Blanca Hotel and Nature Reserve.

Central Pacific





LOS SUEÑOS MARRIOTT OCEAN & GOLF RESORT

Los Sueños Marriott Ocean & Golf Resort

Location: 9.653163, -84.659185

Sharing a spectacular oceanfront location and a 1,100-acre rainforest, this fabulous hotel in Playa Herradura, located on the Central Pacific coast, is sure to amaze. Its excellent swimming pool is only surpassed by its impressive 18-hole golf course designed by the famous Ted Robinson. This spectacular resort offers all the comforts and luxurious services in a cozy tropical location.















DAY FOUR

Breakfast at Hacienda Kitchen.

Full day to enjoy the hotel facilities or to do some optional activities.

Accommodation Los Sueños
Marriott Hotel





DAY FIVE

Breakfast at Hacienda Kitchen.

Full day to enjoy the hotel facilities or to do some optional activities.

Accommodation Los Sueños Marriott Hotel



PLAYA HERRADURA – SAN JOSE

DAY SIX

Breakfast at Hacienda Kitchen.

Luggage Pull: TBD

Transfer Los Sueños Marriott Hotel – Juan Santamaria International Airport

Departure from Los Suenos Marriott Hotel: TBD

Time to airport: 1 hour and 25 minutes.

Note: We recommend a minimum of 2 hours and 30 minutes to complete airport procedures.

Optional Experiences

Tortuga Island



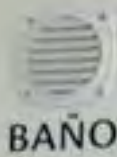
Costa Cat – Tortuga Island

Los Sueños Marriott Ocean & Golf Resort – Marina Los Sueños

Travel time to the pier: 0.3 Miles - 5 minutes.

When you visit, you will realize why this Island is so famous and a treasure in Costa Rica. We start the trip from the world-famous Los Sueños Resort & Marina, located only 05 minutes drive from the Los Sueños Marriott Hotel. We sail for 45 minutes and upon arrival at the Island, you will have the option to participate in a variety of activities or simply relax on the beach while our staff attends to your every need. Complimentary activities while on the Island

Include: snorkeling, banana boat rides and nature walks to amazing Pacific overlooks. Also, for an additional cost, you can enjoy paddle boards (SUP) or kayaks.









Vista Los Sueños Adventure Park



Vista Los Sueños Adventure Park

Los Sueños Marriott Ocean & Golf Resort - Vista Los Sueños

Travel time to Vista Los Sueños: 3.16 Miles - 13 minutes.

The Zipline was designed not only as an extreme adventure zipline but as a way to enjoy nature without harming the environment, in 2012 we added the Horseback Riding Adventure which includes a visit to private waterfalls, then in 2014 we created a new adventure for the Park, this time All Terrain Vehicles and Buggys this tours are designed to give you the possibility to ride in different terrains such as, trails, mud roads, jungle and river crossings. Now you can combine any of these tours with delicious and authentic Costa Rican food to create a unique experience!







Manuel Antonio National Park



Manuel Antonio National Park

Los Sueños Marriott Ocean & Golf Resort - Manuel Antonio National Park

Travel time to Manuel Antonio National Park: 50 Miles - 1 hour and 30 minutes.

Manuel Antonio National Park is the most visited place by tourists in Costa Rica. On a leisurely stroll, or on an intense hike with a highly qualified naturalist guide, you can admire the tropical rainforest full of biodiversity, preserved as our national treasure for the last 34 years, the Manuel Antonio National Park. The enjoyment of this adventure is determined by your skills, interests and the abundance of wildlife, to such an extent that you will want to stop and observe the surrounding scenery in its stunning natural habitat. See sloths and various species of monkeys moving through the treetops, look for nocturnal anteaters and various types of non-venomous snakes resting in the tropical rainforest, and listen to the songs of various birds as they fly over your group, curiously seeking adventure. See how many different species of flora and fauna you can spot in the span of a 2.5 hours nature walk. If you wish, once your guided educational adventure is over, you can walk the trails or enjoy the pristine beaches inside the park.









Rio Savegre Rafting



Rio Savegre Rafting

Los Sueños Marriott Ocean & Golf Resort - Savegre River

Travel time to Savegre River: 59 Miles - 1 hour and 35 minutes.

Our guides stop at locally known swimming spots and a magnificent waterfall (if rafters want a break from paddling), and you will have the opportunity to enjoy the abundant variety of wildlife along the river and some delicious fresh fruit. On most trips, rafters will observe egrets, ospreys, toucans, parrots, mackerels, cormorants and many other local species in this primary rainforest protected area. After a steady 13 miles journey down the river, we return to the small village of Silencio for a hot "Tico style" lunch and local refreshments. Our satisfied, well-travelled and now experienced Savegre River rafters enjoy a leisurely ride back home to Manuel Antonio. Then consider a rafting experience on the Naranjo River or simply enjoy the wonderful Savegre experience.





Hacienda Nosavar



Hacienda Nosavar

Los Sueños Marriott Ocean & Golf Resort - Hacienda Nosavar

Travel time to Hacienda Nosavar: 14 Miles - 25 minutes.

Located on the Central Pacific Coast of Costa Rica, the Guacalillo Estuary and the Tárcoles River offer the opportunity to observe one of the largest populations of American Crocodile (*Crocodylus Acutus*) in the Americas, discover the Mangrove area with a high percentage of biodiversity including a large number of water birds and one of the most important conservation areas of the Red Macaw (*Ara Macao*) in the country. Our boats with capacity for 25 people will take you on an extensive tour of the mangrove swamp, an impressive ecosystem composed of four species of mangrove, each of them represent an important nesting area for the birds that inhabit it, so in turn represent their shelter and nutrient zone for many fish and invertebrates, in addition, the mangrove swamps are extremely important for marine productivity. Naranja or just enjoy the wonderful experience of the Savegre.









Costa Rica
Pura Vida!