

Costa Rica

essential
COSTA
RICA



NIVEL 5

Silva R. Muñoz

COSTA RICA
TOP
TOURS

COSTA RICA

Costa Rica covers an area of 20,000.00 square miles. It is located on the southern tip of Central America, between the Pacific Ocean and the Caribbean which allows it to be a privileged spot. The average temperature fluctuates between 20 °C (68 °F) - 26 °C (79 °F) degrees all year around. The "green season" runs from May until November; Dry season, the equivalent of summer, starts in November ending in April.

The population is 5,500,000 of mostly white race, descendants from the Spaniards who arrived during the XVI century. There are 2 minority groups: one whose origin is Jamaica 50.000 people, and few tribes of native Indians about 10,000.

The religion is Catholic.

Currency is the "colon".

There are no requirements to enter the country; the passport is the only document you will need, and it must be valid at least 6 months from the date of entry in Costa Rica.


No inoculations are required.

Voltage: The electric current in Costa Rica is 110 volts and 60 cycles.

To make a phone call to Costa Rica you dial 00-506 followed by the number you are calling.

Due to its position, it has flora and fauna found in both Northern and Southern hemispheres. There are 760 species of birds (more than the US and Canada combined), 900 species of plants, 1200 species of orchids, and ten percent of the world's butterflies. This tiny nation has the international standing in the conservation community for its commitment to preservation of forest and wildlife

General Facts

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- **Government:** Presidential Democracy.
 - **Division:** 7 provinces.
 - **Capital:** San José.
 - **Population:** 5.500.00.
 - **Official language:** Spanish.
 - **Official religion:** Catholic.
 - **Currency:** Colón (₡).
 - **Electricity:** 110 Voltios.
 - **Dry season :** Second half November – April (dry).
 - **Green season:** May – First half November (rainy).

General Facts



More than 600 Species of plantas

230 Species of animals

760 Species of birds

More than 1300 Species de trees

More tan 800 Species of ferns

More than 1000 Species of orchids

6% of the world's Biodiversity

25.58% of the Territory is protected

Location



Central America

Limits:

North: Nicaragua.

South: Panamá.

West: Pacific Ocean.

East: Caribbean Sea, Atlantic Ocean.

Entry requirements:

- Passport valid for at least 6 months from your date of entry
- Please check if clients require the Yellow Fever Vaccine to enter the country:
[Countries that require Yellow Fever Vaccine](#)
- Please check if you require a visa to enter Costa Rica using the following link
<https://migracion.go.cr/Paginas/Visas.aspx>



International Airports:





LOS ANGELES

DENVER

DALLAS

HOUSTON

SAN SALVADOR

CHICAGO

MINNEAPOLIS

ATLANTA

MIAMI

WASHINGTON, D.C.

NEWARK

NEW YORK CITY

BOSTON

TORONTO

MONTREAL

Costa
Rica

PANAMA CITY

San José – Villa Blanca

DAY ONE

Breakfast at Hacienda Kitchen – Costa Rica Marriott.

Departure to Villa Blanca Hotel. 1 hour and 30 minutes . 40 miles
Transfer from Costa Rica Marriott Hotel to Villa Blanca.

Optional:

Enjoy two of Costa Rica's most in-demand destinations in a one-day tour:
Poás Volcano & La Paz Waterfall gardens.

Poas Volcano allows you to look into the heart of a live volcano. Although there is no lava flow, the steam arising from the crater and occasional geyser eruptions make this a spectacular sight. You will get a birds-eye view 320 meters down into the powerful crater from the edge of the hiking trail.

At the waterfall gardens, enjoy lush tropical rainforests, flowing white rivers, beautiful waterfalls, and a variety of birds, wild cats, reptiles, butterflies and flowers. Over 3.5 kilometers of hiking trails allow you to take it all in at your own pace. You can enjoy a delicious lunch at Coribri Restaurant. After lunch continue our journey to Villa Blanca Hotel. 2 hours – 53 miles

Accommodation Villa Blanca Hotel and Nature Reserve.

Villa Blanca Hotel



Villa Blanca Hotel



VILLA BLANCA CLOUD FOREST HOTEL AND NATURE RESERVE

Perched above a pristine cloud forest reserve in central Costa Rica, Villa Blanca is a cloud forest hotel that transcends the ordinary.

It is a place where you can walk in the clouds and feel the gentle swirl of mist and mystery surround you. Where skies paint an ever-changing canvas (and destination weddings in Costa Rica take on new meaning). But more than just a place, Villa Blanca is an experience; one that will renew you, maybe even change you.







Villa Blanca Hotel and Nature Reserve

DAY TWO

Breakfast at El Sendero Restaurant.

Full day to enjoy the facilities of the Hotel or to do some optional experiences.

- Spa Treatments
- Yoga Classes
- River Rafting
- Hanging Bridges
- National Parks and Private Reserves

Accommodation Villa Blanca Hotel and nature Reserve.



Villa Blanca – Botanika Osa Curio Collection by Hilton

DAY THREE

Breakfast at Sendero Restaurant,

Departure to Villa Blanca Hotel. 8 hours. 224 miles

Transfer from Villa Blanca to Botanika Osa Curio Collection by Hilton

Optional:

Vista Los Sueños Adventure Park

This is one of the most popular tour combinations in Costa Rica, as you get to experience the Rainforest from a bird's eye view and go deep in the paths, trails, rivers and lots of muddy roads in a transitional After lunch continue our journey to Botanika Osa Curio Collection by Hilton

4 hours – 176 miles

Accommodation Botanika Osa Curio Collection by Hilton

South Pacific



Botánica Osa Península

BOTANIKA OSA CURIO COLLECTION BY HILTON

Is masterfully nestled in the heart of Costa Rica pristine Osa Peninsula.

With stunning rainforest suites, Botanika sits beside two of Costa Rica most prized environmental jewels:

The Golfo Dulce, one of the worlds few tropical fjords also welcomes sea turtles, whale sharks, dolphins and migrating humpback whales

The acclaimed Corcovado National park is a stunning living museum of natural history boasting the last great unspoiled tract of primary tropical rainforest on the Pacific coast of Central America.

Botanika Osa Curio Collection by Hilton











Botanika Osa Curio Collection by Hilton

DAY FOUR – FIVE

Breakfast at Tierra a la Mesa Restaurant.

Full day to enjoy the facilities of the Hotel or to do some optional experiences.

- Spa Treatments
- Sport Fishing
- Bird watching
- Zipline

Accommodation Botanika Osa Curio Collection by Hilton .





Botanika Osa Curio Collection by Hilton – Juan Santamaria Airport

DAY SIX

Breakfast at Tierra a la Mesa Restaurant.

Departure to Botanika Osa Curio Collection by Hilton. 5 hours. 225 miles
Transfer from Botanika Osa Curio Collection by Hilton to Juan Santamaria
International Airport or Hotel in San Jose.

Optional Experiences

Poás Volcano

PROHIBIDO BAJAR AL CRATER
DO NOT DESCEND TO THE CRATER



La Paz Waterfall Gardens









RAFTING BALSA RIVER

Departure from: Villa Blanca

Journey time: 1 hour 50 minutes – 45 miles

Duration: 5 hours

The half-day adventure on the Rio Balsa provides plenty of action and thrills, but with Class II-III rapids, children ages 8-12 can come along on this family adventure Rafting in Arenal Volcano. You will get a thorough briefing and explanation of the safety equipment and procedures. Once everyone has had time to practice and review the commands and “high-fives” you will embark on your journey down the rapids. Get wet and wild on this family-friendly rafting trip as you navigate rapids such as “Magnetic Rock” and “Dredges” on your 2-hour adventure tour down the beautiful and tropical Balsa River. Drink in the majestic foliage of the rainforest as you watch for monkeys, sloths, and toucans while you raft. Enjoy a swim, tropical fruits, and cold drinks during your break from the action. At the end of the tour, your lunch spot is a tour on its own. A delicious, typical lunch is served at a traditional country estate designed for guests to truly experience

Suggested equipment: Fast drying clothing (surf shorts, outdoor hiking type synthetic clothes) Adventure sandals, tennis shoes, Change of clothes and towel, Sunscreen.

Rafting



Vista Los Sueños Adventure Park

You will start with our famous Zip Line Tour in the Costa Rica Treetops, this tour includes a 15-minute tractor ride up to the top of the mountain; you will then descend on a series of 12 platforms and 10 cables, including one of the longest in Costa Rica's Central Pacific.

After the Zip Line, it's time to get your adrenaline pumping on our 2-hour Jungle and River ATV adventure. This tour will give you a different perspective and views of the Jaco Beach area. Here we have it all: trails, mud, jungle, ocean views, rivers, and the best bilingual guides to make this an experience of a lifetime

Costa Rican "Typical Casado" this traditional dish is a combination of rice, beans, salad, fried plantain, vegetables and one portion of meat to choose from, natural drink and dessert. If you choose this option, once your tour ends we will be waiting to serve your lunch in a beautiful fresh open air area surrounded by nature, you can also buy additional drinks at the park.

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Includes: Bilingual guides, 2 hours Zip Line Tour, 2 hours ATV Tour, insurance, safety equipment, fruits and water, breathtaking views of the Pacific Ocean, Honda Fourtrax 420cc and Kymco 300cc vehicles are used on the tour.

What To Bring:

On the Zip Line portion: Comfortable clothes, tennis shoes or strap on sandals, sun block, insect repellent.

On the ATV portion: Towel, swimming clothes, extra clothes, (chances are your shoes and clothes are going to get very dirty).

Vista Los Sueños Adventure Park

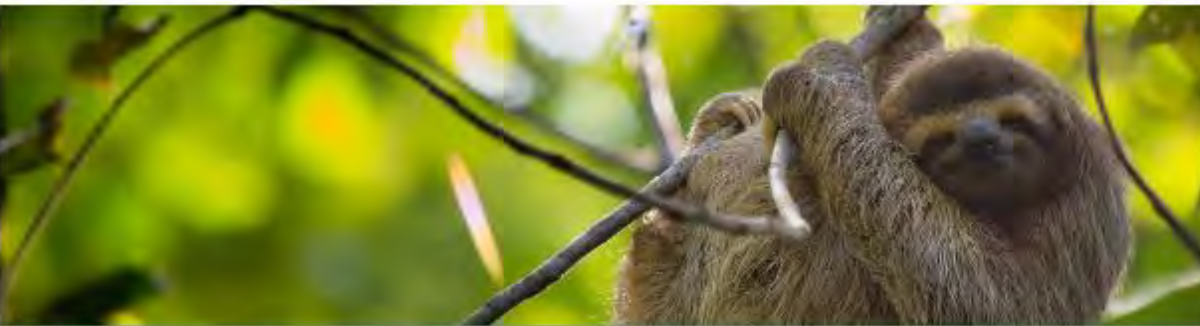








Optional Experiences from Botanika



+ THE RAINFOREST



+ CANOPY ZIP LINE



+ SPORT FISHING



+ BIRD WATCHING



+ MONKEY TOUR



+ GOLFO DULCE EXCURSION BY BOAT



Costa Rica
Pura Vida!